



What to Pack / Info Sheet

When planning for a successful Wilderness trip, the proper clothing is of utmost importance. However, it is not necessary to spend hundreds of dollars on clothing – most items on the list can be borrowed.

Provided by Wilderness Ranch

- Backpacks (Deuter internal frames)
- Sleeping bags
- Ensolite pads (for sleeping on)
- Raincoats
- Rain flies (weather-proof shelters to sleep under at night)
- Safety equipment needed on route
- Crazy Creek chairs are available for rental (\$10/chair)

Mandatory Packing List to be Provided by Campers & Leaders

PLEASE NOTE:

1. We will **NOT** be wearing cotton on the trail. Think: non-cotton shirts, non-cotton socks, non-cotton shorts.
2. Please consider the following details if purchasing new boots for their trip: **Vibram soles** provide good firmness on the terrain covered. Boots should be **mid-weight** for hiking comfort. **Waterproofing** is important for continued use – whether purchased as part of product design (ie. Gore-Tex) or if added via at home application (ie. Nikwax). For best stability, boot should hit **above the ankle**.

- Hiking boots
- Old tennis shoes or sport sandals (shoe that will get wet)
- Wool socks – 3 pairs (ie. Darn Tough, Fox River, SmartWool)
- Fleece pants
- Shorts, non-cotton – 2 pairs
- Hat – one for sun protection (ball cap is fine), one stocking hat/beanie
- Underwear – 2 pairs
- Long underwear/base layer, non-cotton – top AND bottom
- Performance top, non-cotton – 2
- Fleece pullover
- Wool or fleece gloves/mittens
- Bandannas – 2 or 3
- Sunglasses
- Small Bible, pen, small journal
- Headlamp
- Glasses and/or contacts
- Chapstick (with SPF)
- Sunscreen

- Toothbrush & toothpaste
- Personal, prescription medication (guides will take up & carry all meds for the week)
- Insect replant
- **Towel & clean clothes** for trip home (to be left in base camp while on trail)

Optional Packing List for Campers & Leaders

- Moleskin – blister prevention
- Down or Synthetic Down jacket or vest
- Rain pants
- Rain jacket
- Antibacterial gel (ie. Purell)
- Camera – remember that no phones will be allowed on trail
- Disposable hygiene towelettes

OTHER THINGS TO KNOW:

1. Please bring money for meals on the way to and from Wilderness (2-3 each way)
2. Cell phones will be collected from campers and held throughout the week. You can reach your child in an emergency by calling the camp office.
3. Clearly label all luggage, valuables, and cameras with name and address
4. Please do not bring **ANY** drugs or alcohol. **If a camper is found with these items, they will be sent home at their parent's expense.**
5. Wilderness Ranch is located 8,800 feet above sea level. Please be sure to drink **plenty** of water in the days (or weeks!) leading up to our trip. This will help your body acclimate to the higher altitude and help you avoid altitude sickness.

Wilderness Ranch
2000 Forest Service Road #521
Creede, CO 81130

Phone: 719-658-2288

Fax: 719-658-2088

www.wilderness.younglife.org

Nam Nguyen

832-514-1785

www.brazoria.younglife.org